



## TEAM QUELL

### 120<sup>th</sup> Boston Marathon® 2016 Charity Program Application "Run For Peace of Mind"

All pages of the application must be completed and returned to The Quell Foundation Inc by Sunday February 7, 2016 by mail or e-mail. All individuals will be notified of their status no later than Sunday, February 14, 2016. In order to secure your entry on the team if accepted, \$250 must be paid by Tuesday, March 1, 2016. If you have any questions as you fill out the application, please contact The Quell Foundation at (561) 722-1938 or [KLynch@thequellfoundation.org](mailto:KLynch@thequellfoundation.org).

#### Send completed applications to TEAM QUELL

**Email:** [KLynch@thequellfoundation.org](mailto:KLynch@thequellfoundation.org)

**Mail:** The Quell Foundation

Attn: TEAM QUELL

P.O. Box 1924

N. Falmouth, MA 02556

#### Please print clearly

Date of Birth \_\_\_/\_\_\_/\_\_\_

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Employer \_\_\_\_\_ Job Title \_\_\_\_\_

Work Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work Phone \_\_\_\_\_ Fax \_\_\_\_\_

Does your company have a matching gifts program?  Yes  No

Preferred Email Address \_\_\_\_\_

I would like to be contacted at:  Home  Work  Cell

Running Shirt Size:  Men  Women/  X-Small  Small  Med  Large  X-Large

**Fundraising Experience**

Have you participated in a marathon/road race charity program before?  Yes  No

If yes, what was the most recent charity/race? \_\_\_\_\_

Amount Raised: \$ \_\_\_\_\_ Date \_\_\_\_\_

What is the most substantial amount of money you have raised for a non-profit organization (this does not need to be a marathon/road race program)?

Amount Raised: \$ \_\_\_\_\_ Date \_\_\_\_\_

How did you accomplish this? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If you are a member of our team, what will your personal fundraising goal be?  
*(Minimum required is \$7,500, but we encourage members of Team Quell to aim to raise \$10,000)*  
\$ \_\_\_\_\_

Do you think your company might be interested in sponsoring Team Quell in future events?  
 Yes  No

What is your plan for reaching or surpassing this goal? *Please let us know some of the specific actions you intend to take. We will provide all the support we can, but we also want to see that you have put some thought into how you will reach your personal goal.*

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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Outside of your friends and family, what networks (i.e. professional organizations, school associations, online networks, alumni networks, parent networks, etc.) of which you are a member do you plan to tap into in order to raise funds and awareness about your participation on Team Quell? Please list these networks below.

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**Running Experience**

In this section, we want to learn more about your running history. This is merely so we can get to know you better. As long as we know you can complete a marathon without serious health concerns, it doesn't matter whether you are a beginner or an experienced marathon runner.

Have you ever run a marathon before? \_\_\_\_ Yes \_\_\_\_ No

If yes, when was the last marathon you ran? \_\_\_\_\_

If no, what is the longest distance you have run? \_\_\_\_\_

What pace do you run a mile (if you know)? \_\_\_\_\_

Have you had any previous injuries that may affect your training? \_\_\_\_ Yes \_\_\_\_ No

If yes, please describe these injuries. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

The Quell Foundation is excited to offer an excellent training program and an experienced marathon coach who will provide personalized coaching to each runner should you desire. In preparation for the event, we want to know in what areas you expect to need the most help from your marathon coach.

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Connection to The Quell Foundation

How did you learn about Team Quell?

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Have you had any previous experience with the field of mental health? \_\_\_\_ Yes \_\_\_\_ No

If yes, please explain.

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Please describe why you would like to run for Team Quell. \_\_\_\_\_

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Is there anything else you want us to know? \_\_\_\_\_

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**Team Quell Terms and Conditions**  
**120th Boston Marathon® 2016 Charity Program**

**Please read the following carefully before signing below.**

*There is no fee to apply to be a member of Team Quell. Any required fees (see below) will be collected after the participant is informed of their acceptance and agrees to join the team. All applicants must be at least 18 years of age or older and fully comply with all rules and regulations of the Boston Athletic Association.*

**Fundraising Commitment:** Runner **must raise a minimum of \$7,500** to join Team Quell. Half of this amount (\$3,750) is due no later than Saturday April 2, 2016. The remainder is due no later than May 1, 2016. In addition to this commitment, selected runner will be required to provide credit card information upon joining Team Quell. Information will be used as surety in the event runner commitment is not met by required deadline.

*In the event that you do not meet the fundraising minimum by May 1, 2016, The Quell Foundation reserves the right to charge the balance owed to your credit card. No exceptions may be made.*

**Team Quell Participation:** Each runner who joins Team Quell is required to supply one (1) headshot to be used by The Quell Foundation Inc for promotional purposes. Participant may be required to participate in video / media interviews in support of the Quell Foundation's mission.

**Cancellation Policy:** You may cancel your participation with Team Quell for the 120<sup>th</sup> Boston Marathon®, waiving your responsibility for the \$7,500 minimum, any time on or before Sunday, March 13, 2016. To do so you must contact The Quell Foundation, in writing, on or before the cancellation date. After March 13, 2014, you are responsible for raising the \$7,500 minimum, even if for any reason, including injury, you are unable to run in the 120<sup>th</sup> Boston Marathon® 2016.

*Donations raised and received by our office will not be refunded, even if you leave Team Quell before March 13 2014.*

**Matching Gift Policy:** Many companies match employee charitable contributions. You can check with your employer to see if your company has this program, and ask donors if their employers match gifts. Many companies issue matching gift checks quarterly or semi-annually; therefore, if you plan to use a match to reach your minimum, it is your responsibility to contact the matching company to ensure the check will be issued before May 1, 2016. If the company's match cycle is past May 1, 2016, the match cannot count towards your minimum.

**B.A.A. Registration:** The Quell Foundation will inform you of the details of the B.A.A. registration after your application is accepted. The B.A.A. charges a race application fee that does not count towards your fundraising commitment. This fee will be collected separately at a later date. The B.A.A. race application fee is \$325.00. You should NOT contact the B.A.A. directly to secure your number.

**Emergency Information:** In the event of an illness, injury or medical emergency arising during the event, I hereby authorize and give my consent to The Quell Foundation to secure from any accredited hospital, clinic and/or physician any treatment deemed necessary for my immediate care. I agree that I will be fully responsible for payment of any and all medical services and treatment rendered to me including but not limited to medical transport, medications, treatment, and hospitalization. The following person should be contacted in the event of an emergency:

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Other Pertinent Medical Information: \_\_\_\_\_

**Release Form and Contribution Agreement:** In consideration of my accepting this entry, I hereby for myself, my heirs, executors and administrators, waive and release any and all rights for claims and damages I may have against The Quell Foundation Inc, its employees, volunteers, officers and sponsors for any and all injuries suffered or sustained by me in said event, in the training and planning sessions for said event, or travel to or from any of the preceding. I further attest and certify that I am physically fit and have sufficiently trained for competition in this event, and a licensed medical doctor has verified my physical condition. I also grant permission for use of my name and or photograph or voice in broadcast, telecast, print or any other account of this event and agree to waive any compensation for such use. I agree to collect a minimum of \$7,500, which will go towards unrestricted support of The Quell Foundation Inc, by May 1, 2016. If I have not reached the minimum in fundraising by that date, I will personally be responsible for the balance owed. I understand that unless I cancel by March 13, 2016, The Quell Foundation Inc reserves the right to charge the balance I owe to my credit card. I declare that I have exercised my own judgment in signing this agreement and I further declare that the decision to sign this agreement was voluntary and not based on or influenced by any representation of The Quell Foundation.

Signature: \_\_\_\_\_

Name (printed): \_\_\_\_\_ Date: \_\_\_\_\_

*Thank you for applying to join Team Quell!  
"Run For Peace of Mind"*



P.O. Box 1924  
North Falmouth, MA 02556  
561.722.1938  
[www.thequellfoundation.org](http://www.thequellfoundation.org)

## Who We Are:

*The Quell Foundation creates a paradigm shift in the care and treatment of people with mental health illness.*

*The Quell Foundation serves the public with an intense commitment to:*

**Fostering awareness.** *The Quell Foundation* aims to educate communities and individuals about the disparities in care and effective treatment protocols afforded to the vulnerable and stigmatized population with mental illness. We strive to definitively reduce the number of suicides, drug overdoses, and the incarceration of our veterans and local community members who suffer with a treatable mental illness.

**Advancing training.** *The Quell Foundation* endeavors to decriminalize mental illness through advanced training programs designed to offer first responders specialized skills to better recognize and intervene in behavioral, mental and emotional crisis.

**Bridging gaps in care.** *The Quell Foundation* breaks barriers and expands access and the delivery of mental health care services caused by the dearth of mental health care providers. Increasing the talent pipeline through scholarship awards, and advocating for legislative reformation to extend the scope of services provided by clinical behavioral health professionals are essential to achieving our mission.

### **Contributions to The Quell Foundation are tax-deductible.**

The Quell Foundation Inc. is a non-profit public benefit 501(c)(3) corporation and is operated exclusively for educational and charitable purposes within the meaning of Section 501 (c)(3) of the Internal Revenue code. The Quell Foundation is not organized and shall not be operated for the private gain of any person. The Quell Foundation will always retain control over the contributed funds and will provide the relative information regarding its activities on its website: [www.thequellfoundation.org](http://www.thequellfoundation.org).